

News Release

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Dare devil legal eagles' charity sky dive

A daring sky dive over the Shropshire countryside has helped two secretaries from Warrington law firm Forshaws Davies Ridgway to raise more than £700 for charity.

Deborah Coppack, 31 (pictured left), mother of 16 month old twins, and 45 year old Martina Hughes (pictured right), also a mother of two children, parachuted out of an aircraft in a tandem jump over Tilstock Airfield, near Whitchurch.

Martina said later: "I must be completely bonkers doing this at my age but it was totally awesome. I was on a real high afterwards and I still can't stop smiling."

A former pupil of Brookvale
Comprehensive School in Runcorn,
Martina has worked as a secretary for
Forshaws Davies Ridgway for nearly
23 years and is now a PA in the
Family Department. Her jump was
made in aid of World Cancer
Research, in support of her cousin
who has recently been diagnosed
with bowel cancer.



Deborah, who is a former pupil of Stockton Heath Primary School and Bridgewater High School, has worked as a legal secretary for around six years. Describing herself as an "adrenalin junkie", she said: "I can't wait to tell the twins all about Mummy's great leap once they're older. I decided to take part in the sky dive to raise money and awareness for the MS Trust because my father-in-law was diagnosed with the disease 11 years ago.

To support the two dare devil legal eagles from Forshaws Davies Ridgway, please donate online at www.justgiving.com/debbyjump and www.justgiving.com/martinajump.

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Notes to Editors

About Forshaws Davies Ridgway (FDR) LLP

- FDR is a full service legal practice with five offices in Cheshire and Warrington
- 18 Partners
- Over 120 staff
- Top 15 practice in NW
- Top 200 practice in England & Wales
- Mortgage Strategy Awards 2009 & 2010 'Best Conveyancer' Runner Up
- Services include: Commercial Law, Conveyancing, Criminal, Family, Litigation, Wills & Probate